Arm Bike

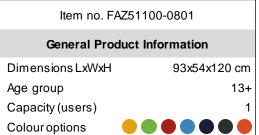
FAZ51100





KOMPAN has created adjustable, interactive Cardio equipment which is at the same quality, equally effective as what you expect from equipment from an indoor fitness center. The Arm bike is truly inclusive and can be used seated in your wheelchair giving a great workout for the upper body. When the exercise is done from a standing position it is a full body

workout, engaging all big muscle groups. The patented, self-powered resistance units creates a real road cycle experience. The resistance can adapt automatically, depending on the pedaling speed, or the users can choose to manually change the resistance on the KOMPAN App.









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The seat is made of a Polyurethane Rubber and has a steel insert plate which connects it to the steel frame. The seat is positioned under a 12 degree angle, accommodating seating heights from 550-620mm.



The cover is made of one the hardest materials in the market, a Lexan Copolymer EXL9330 and has a thickness of 4mm. This cover can withstand any impact and will protect the electronics in the best possible way.



The Q-factor of the arm bike is 175mm, the crank is made of 18 mm stainless steel and connects the pedal arms which are casted stainless steel (grade 304) parts. The length of the pedal arms is 170mm and the pedals are connected with standard bike fittings.



Installation Information Max. fall height 62 cm Safety surfacing area 11,3 m2 **Number of installers** Total installation time 2.2 Excavation volume 0.34 m3 Concrete volume 0,21 m3 Footing depth (standard) 80 cm **Shipment weight** 112 kg Anchoring options In-ground Surface **Warranty Information**

Item no. FAZ51100-0801

Saddle 10 years Frame 10 years Handle 10 years 2 years Electronics Spare parts guaranteed 10 years



The Innovative self-powered electrical motor and gear providing a virtual flywheel to give real road experience. The resistance works as and automatic drive and adapts automatically to the pedaling speed. The users can overwrite the automatic drive manually by changing the resistance in steps (26 - Watts) through the App.



The ergonomically shaped handles accommodate 3 exercising positions standing, seated in a wheelchair or seated on the seat. The handles have a diameter of ø36mm and are placed under a 30 degree angle. The top coat is Polyurea which gives good protection, grip and isolation.



You can connect the cardio machine to your phone or tablet via Bluetooth. This will provide instant feedback on speed, distance, cadence, watts, calories burned and time. You can also use your smart devices to manually adjust resistance (10 levels), have access to instructional and motivational videos, store and share activity data online!



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* Max fall height| ** Total height| *** Safety surfacing area

* Max fall height | ** Total height

