

# BALANCE STATION

FSW22700



Item no. FSW22700-0902

### General Product Information

Dimensions LxWxH 202 x 198 x 124 cm

Age Group 13+

Capacity 4 adults

Colour Options



The Balance station trains ankle strength and stability. The four items in the station will have different difficulty levels that allows for progression and a challenge for every user type. At the same time, the placement of the four stations around the ring invites to moderate social interaction. Wobble trains ankle control and flexibility. It is present in two difficulty

levels. One that is stable and limited in its range of motion and one that is livelier and more dynamic. Rotation can be used for rotational flexibility of the torso and for lower limb balance and control standing on one or two feet. Half ball provides a fixed and stable platform to train ankle strength and flexibility.



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The double ROSTA element is made of a casted iron and hot dip galvanized before painted. This ensures that the ROSTA element is a maintenance free, elastic joint which can be move in range of motion is 250° in any direction. Both wobbles have a different stiffness, difference is 45%.



The bearings used in the Twist are slide bearings made of polyoxymethylene, a material that has all the properties needed for a strong bearing: extremely low wear, high mechanical strength, Low moisture absorption and High abrasion resistance



The half ball is ø500x250. The material is SBR granular rubber, recycled SBR (Styrene Butadiene Monomer, Synthetic Rubber) UV stabilized to a maximum without use of heavy metal stabilizers, for optimal grip during jumping and step on step off exercises under all weather circumstances.



The ø414mm top plate is made from 15mm Ekogrip®, a 15mm PE plate with a 3mm top-layer of thermoplastic rubber with non-skid effect. The height is 217mm and the range of motion is +/- 90°, with a EPDM rubber stop at each end.



Bars intended as grips during exercises are made of hot-dip galvanized steel Ø38 mm, a great diameter for a good grip and to support the wrist.



The information sign is made of a PA6 (Polyamide) and shows the most relevant exercise and a QR code. When scanned the QR code will link to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN sport & fitness App, which will provide a large amount of exercises and workouts.

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## Installation Information

Max. fall height	25 cm
Safety surfacing area	18 m <sup>2</sup>
Numbers of Installers (persons)	2
Total installation time	5
Excavation volume	0.43 m <sup>3</sup>
Concrete volume	0.2 m <sup>3</sup>
Footing Depth (Standard)	90 cm
Shipment Weight	215 kg
Anchoring options	In-ground ✓ Surface ✓

## Warranty information

Galvanised Structural Parts	Lifetime
Post	10 Years
Rosta Element	2 Years
Bearing	5 Years
Spare parts guaranteed	10 Years

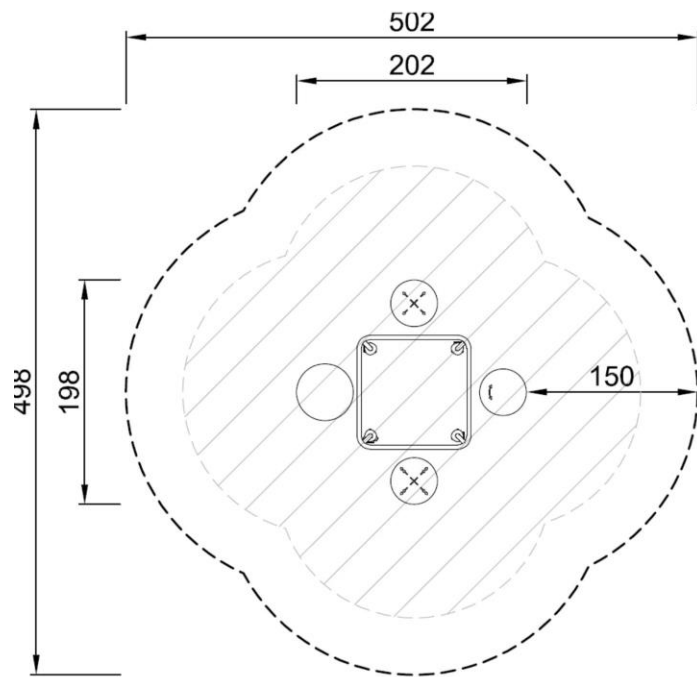


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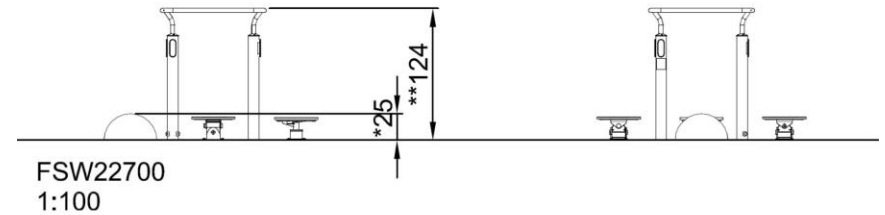
FSW22700

Max fall height | Total height | Safety surfacing area

Max fall height | Total height



FSW22700  
\*25cm  
\*\*124cm  
\*\*\*18m<sup>2</sup>  
1:100



[Click to see 1:100 ratio TOP VIEW](#)

[Click to see 1:100 ratio SIDE VIEW](#)